

# National Association for Safety and Health in Care Services

## Forum held in Lancashire 8<sup>th</sup> June 2021

### Report of the day **Living Well – Being Well:**

Our billing for Waddow Hall, “*a stunning location at this time of year*”, certainly came up to expectations; set in verdant grounds over-looking the River Ribble, perfect for our first in-person event.

Greeted by fantastic weather, and exclusive use, allowed all the required space and fresh air we needed to be Covid compliant.

After a welcome from the Chair, we had a few words from our sponsors (**Nant Ltd, Tower Fire, Britton Price**), & then detailed housekeeping for masks & moving around.

**Linda Dixon** brought **Person Centred Care** to the opening session, and allowed an in-depth look at the risk management aspects emanating from been focused on personal wishes; using real examples.

Remember to Ask, Listen, Say and Do. This is based on the Think Local Act Personal; Making it real initiative. <https://www.thinklocalactpersonal.org.uk/makingitreal/about/>

We next, had a session, which highlighted medication, its delivery, and possible errors by focusing in on the 9 Rights which must be considered.

After a quick break, it was into a session with **Stuart Winward**, covering some PCC ways of People Moving People, working through a “**True/False**” quiz with scenarios and new dedicated slings.

Delegate participation in some of the demonstrations brought practices once again into the spotlight.

After time out for lunch and networking, it was into a session from **Paul McGough**, on **Mental Capacity**; clearly the information and details on two cases, held everyone’s attention.

Using our Jigsaw pack, we were all given on arrival; **Linda** brought the aspects from the day together, and challenges everyone to ensure the debate on Person Centred Care is alive and meaningful.

A very packed day, for our first in-person Forum.

The hybrid **AGM** really did finish the day off in true NASHiCS innovation and style.

