

# National Association for Safety & Health in Care Services

Volume 2 Issue 4

November 2008

## Safety in Care

### Special points of interest:

- Member profile
- Care show NEC
- Conference 2009
- Seminar report

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## NASHiCS e-News

### National Officers at the Care Show Birmingham

Lynnda Coleman & Chris Jackson secured the chance to present for the Care show held at the NEC on 5/6th Nov 2008 in their dedicated training room.

They presented two sessions, one on risk assessment in care homes & one about seeking consensus for health & safety matters.

Both sessions were very well received with delegates prepared to stand rather than miss the opportunity to hear the presentations.

They also took the chance to network with many suppliers & partner associations.

It is anticipated they will be working with the Care show at their next event in Bournemouth on the 17/18 March 09 - another date for your diary.



Care show NEC Birmingham



### Annual Seminar

Snibston Discovery Park, with approx 60 in attendance, the event was again up to the usual standard in venue, speakers & organisation. Congratulations go to Andy Hollingshead & his team at Leicestershire CC for their organisation as the venue was changed at short notice.

Our thanks to Councillor David Sprason lead member of Leicestershire CC Adult Social Care & Health for his support.

Also to all the speakers covering Pandemic planning, Fire Safety work group, Development of a return to work plan, HSL & slip resistance group.

Not forgetting our sponsors, Travellers Insurance, Praxis42, Praetorian Ltd., User Ltd., Hospital Supplies and Orbis for their support.

Results of the seminar evaluation, together with a photo slide show of the event may be found on events page [www.nashics.org](http://www.nashics.org)

## Events

### Safety in Care—A New Direction

**DATE** 2nd July 2009

**VENUE** Hilton Hotel, Blackpool

### Annual General Meeting

**DATE** 1st July 2009 5:30pm

followed by

**Pre-Conference Networking Dinner**



**Details on the web**  
[www.nashics.org](http://www.nashics.org) **Shortly**

**Working with the changing care agenda will be a major challenge;**

**Ensure you are ready to meet that challenge & can be part of the new direction;**

**Promote up to date, sensible & realistic safety solutions, which will ensure quality care. find out more join fellow delegates in Blackpool .**

### Who should attend?

Those with responsibility for Health & Safety in the Care Sector.

### Among the Topics planned

**Understanding** the new direction & transformation that the care sector will be subject to over the coming years is vital;

**Focusing** on concerns that an over risk assessed range of activities & services will restrict & limit the enjoyment of life for the older person.

**Update** on the dementia strategy .

**Everyday** it seems Health & Safety is the 'Big Bad Brother' so how are the regulators dispelling that myth both at a strategic level & for the day to day care sector

**Understand** & help OFSTED inspectors consider health, safety & quality issues when undertaking provider visits.

**The move** to Direct Payments .

**Fire Safety** in Care Services.

## Legislation which may affect care services

### Disabled Persons (Independent Living) Bill [HL] 07-08

Commons 2nd reading May 08

The purpose of the Bill is to enable people with disabilities to make decisions about their own living arrangements by providing rights, & entitlements, to independent living.

#### Further details

[www.nashics.org/members/members.htm](http://www.nashics.org/members/members.htm)

### Adults with Autism Bill 07-08 Private members bill

Commons 1st Reading

to impose duties upon the Secretary of State & certain organisations involved in health & social care in respect of support for people aged 18 & over with autism; & for connected purposes.

<http://tinyurl.com/68rbac>

### Health & safety (Education & Training) Bill 07-08

Commons 1st Reading October 2008

to make requirements about the integration of health & safety issues in education & vocational training; & for connected purposes.

### Health & Social Care Bill 07-08

Royal assent July 2008.

The Bill seeks to enhance professional regulation & create a new integrated regulator, the Care Quality Commission, for health & adult social care, with focus on providing assurance about the safety & quality of care for patients & service users.

#### Further details

[www.nashics.org/members/members.htm](http://www.nashics.org/members/members.htm)

**Temporary & Agency Workers (Equal Treatment) Bill 07-08;**  
Committee Stages 3rd sitting.

### Children & Young Persons Bill (HL) 07-08

Commons 3rd Reading 3rd October 2008

The Bill proposes to reform the statutory framework for the care system, to ensure that children & young people receive high quality care & support & to drive improvements in the delivery of services focused on the needs of the child.

### Management of Dementia in Care Homes Bill 07-08

Commons 1st reading May 2008

**to regulate** the prescription of anti-psychotic drugs for people with dementia in care homes;  
**to require** the introduction of protocols for the prescribing, monitoring & review of such;  
**to make** dementia training, including the use of anti-psychotics, mandatory for care home staff;  
**to require** care homes to obtain support from specified external services; & for connected purposes.

## Profile of a Member

### Rosemary Rogers

A chance encounter in her mid twenties with an ex director of social services led to Rosemary being employed as an OT assistant.

Subsequently she attained Certificate of Social Services & Dip Ad at Nottingham University & became a senior training officer where her involvement in manual handling began.

After a spell as day services manager Rosemary teamed up with Martin Hutchinson to establish Bassetlaw Handling & Movement Consultancy, part of Bassetlaw NHS Trust.

In 1997 they established Handling Movement & Ergonomics Ltd.,

Which from humble beginnings in a converted garage has grown to a team of 12 with its own training rooms & offices in Ilkeston Derbyshire.

HME works throughout the UK on all aspects of manual handling but particularly in the care services.

Rosemary works mainly on contracts & tenders & is particularly involved in the development & implementation of organisational strategies.

HME was awarded a National Training Award last December for partnership working with Derby City Council.

Rosemary's work has taken her to France, Belgium, Sweden, Finland, Germany, Hong Kong, & Australia & is

currently contributing to European projects looking at standards across the community.



Rosemary is married to Keith, the Company Secretary which means that they occasionally see each other in what is a very busy life. They both enjoy gardening, golf & bridge & time with their 5 grandchildren.

**Rosemary  
Joined  
NASHiCS  
in  
June 2006**

## Membership of the Association

### WELCOME

We extend a warm welcome to the following organisation who has joined NASHiCS.

**September** Gary Watts  
Degrees of Risk

**TAX RELIEF**  
**Personal Membership can be claimed as professional fees as from April 2006.**

**Any problems or need a copy of the approval letter from HMRC contact the Administrator**

**The Members Area** is password protected. If you have forgotten the password sent to you please contact the Administrator.

**NASHiCS  
Administration Address**  
347 Horse Road, Hilperton,  
Trowbridge,  
Wiltshire,  
BA14 7PE  
Tel. 01225 767902  
Email [administrator@nashics.org](mailto:administrator@nashics.org)



**Membership questions? Change of address? Staff changes?  
Please update & contact the Administrator at the usual address**

## Legislation and News which may affect care services

### Health & Safety (Offences) Bill 07-08

Royal Assent 16th October 2008  
Comes into force January 2009

This Bill would amend Section 33 of the Health & Safety at Work etc Act 1974, to raise the maximum penalties available to the courts in respect of certain health & safety offences.

#### Key areas

**Raises the maximum fine** which may be imposed by the lower courts to £20,000 for most offences.

**Makes a prison sentence** an option for most health & safety offences in lower & higher courts.

**Makes certain offences** that can currently only go to trial in lower courts, triable in either the lower or higher courts.

More comment from

<http://tinyurl.com/5oyb8c>

### Supporting older people in care homes at night

The report explores the night time care experiences of residents, relatives and staff in 3 care homes in Scotland. Supported by the Rowntree Foundation. (Scroll down to bottom of link page to load the full document)

<http://tinyurl.com/6hoe6d>

### HSE, footwear

A new guide to procuring slip-resistant footwear for the workplace has been posted on the HSE website.

<http://tinyurl.com/5fd7ha>

### HSE, infections

The HSE is proposing to amend its guidance on protection against blood-borne infections in the workplace.

<http://tinyurl.com/6oka9u>

### HSE, stress

The management standards introduced by the HSE four years ago to tackle work-related stress appear to be having little impact, according to a new report published by the HSE.

<http://tinyurl.com/56cqf3>

### Smoking

HSL report on a literature review to identify possible measures to control second hand smoking exposure in workplaces that are also homes (eg. Residential care homes).

Increasing problems relating to client/residents smoking in their 'homes' & a growing group of employees such as care assistants who argue that they should not be directed to work in an area with a high degree of smoke when there is increasing evidence that second hand smoking is harmful.

<http://tinyurl.com/65onfq>

### Light bulbs

Working within 30cm (1ft) of certain types of energy-saving light bulb could be harmful to health, the Health Protection Agency has warned.

<http://tinyurl.com/68p3px>

### Manual handling in care homes, interactive training CD

<http://tinyurl.com/6nrao9>

### New Care Services Minister

Phil Hope Former MP for Corby & Northants

### New Minister for Disabled People

Jonathan Shaw, MP Chatham & Aylesford



### Ashbourne Healthcare Ltd

Originally the prosecution of a fatality - failed to fit the correct type of bed rails to the hospital bed. Breach of Health & Safety at Work etc. Act 1974 section 3(1).

**Offence Date** 20/04/2005 **Date of Hearing** 07/03/2008  
**Total Fine** £35,000 **Costs Awarded to HSE** £33,000.00

### Brookgrange Ltd.

Failure to provide assisted bathing in controlled water temperatures of residents & thereby resident was scalded & fatally injured. This case did result from the investigation of a fatality.

**Offence Date** 13/10/2005 **Date of Hearing** 07/03/2008  
**Total Fine** £15,000.00

### Aberdeenshire Council

Accident to occupant of shelter housing complex sustained various injuries whilst being mobilised by carer using hoist. Carer was not properly trained, informed or instructed in the use of the hoist.

**Offence Date** 26/06/2006 **Date of Hearing** 18/03/2008  
**Total Fine** £5,000.00

### Electricity & Cleaning.

An NHS hospital trust has been ordered to pay fines & costs totaling £16,000 after a worker suffered a severe electrical shock while operating a steam cleaner.

<http://tinyurl.com/6mxzto>



Seminar Snibston  
Leicestershire  
October 16th 2008

*Protecting your people*

*Some of our Sponsors*

*Our thanks to them for their support.*

### HSE national leads for corporate social care providers (also produced as LAC 79/10)

<http://tinyurl.com/6prtaz>

Guidance on the key causes of accidents to service users can be found in: (Click on link above & scroll down to further information).

- [SIM 07/2007/09](#) – Burning risks from hot surfaced in health and social care;
- [SIM 07/2007/08](#) – Scalding risks from hot water in health and social care;
- [SIM 07/2007/07](#) – Falls from windows in health and social care;
- [SIM 07/2007/06](#) – Bed rail risk management.

### STEP

Slips & Trips e Learning Package - is a package developed by the HSE, providing slips & trips guidance through interactive learning.

It is an easy way to learn about slips & trips, how they are caused, why preventing them is important & how to tackle them. STEP includes quizzes, videos, animations, case studies & interactive sequences to enhance the learning experience. **Register your interest at**

<http://www.hse.gov.uk/slips/step/index.htm>



## Message Board

If you have a problem or need to ask your colleagues for information use the message board. It is simple.

Once you have registered (remember it is FREE), you may post your question &/or reply to a request for information from a colleague.

### Why re invent the wheel?



## The Association is you

If you agree that NASHiCS is the vehicle established to improve the professional focus, develop links with other organizations, government bodies & enforcement agencies & to become a significant influence on safety & health provision in care services, then become involved & make it happen.

The success of the Association relies on those health & safety professionals, trainers & suppliers employed by or providing services to the care services being committed to the activities of the Association & its overall development.

Contact your colleagues. Print off a membership application form & encourage them to join the Association.

## General Items

### Vice Chair at International Conference



Chris Jackson has been on his travels again. This time to speak at a Health & Safety Conference in Gaborone Botswana.

Pictured with Dr. Luise Vassie Head of Research and Technical Services IOSH. The conference was supported by IOSH.

### NASHiCS in the media news

This month we are featured in 2 leading Care Sector magazines.

**Care Management Matters** with an article on Stress.

**Caring UK** featuring an interview with our own National Chair Lynnda - great picture. Ed.

### Delegate at Conference 2008?

Not received your copy of the medicines document on CD?  
Contact the Administrator

*Cath Dyson  
Health & Safety  
Director  
Barchester  
Healthcare*

*Pandemic  
planning*



*Time for the delegates to network during the breaks.*

If you have any information, articles of interest you would like to submit for inclusion, please forward to the: [editor@nashics.org](mailto:editor@nashics.org)

## Safe Custody & Supervision of Medicines.

NASHiCS has completed the above 78 page guidance document for Members.

All delegates that attended the 2008 National Conference should have received a complimentary copy of the document on a CD.

**The document contains the following:-** General Principles, Good Practice guidelines, Risk Assessment, Consent, Guidance for specific settings—Residential—Day Care— Home based support, Non prescribed medication, Records of Inspection, Minor Ailments & Suggested forms that may be used.

Members will be free to take the guidance & the forms & reproduce/amend to suit their own organisation.

Members wishing to obtain a copy can do so by contacting the Administrator with a cheque for £3.50 to cover handling, postage & packing. Non Members £5.50.

More information & extracts may be found on the website [www.nashics.org](http://www.nashics.org)