

**On November 17th 2010**

***Annual Seminar***



## **Personally Fit and Focused**



This year takes us to Yorkshire and to the magnificent sports stadium in Leeds. The **John Charles Centre for Sport** previously named (and is still known locally as) the **South Leeds Stadium** and was renamed to honour John Charles (1931-2004), the former Leeds United, footballer. The sports centre opened in 1996.

### **Our seminar this year will cover**

Wellness issues including “ The fit note”;  
Fire Safety Working Group updates on the new guidance ;  
HSE safety up-date on latest issues of concern;  
Medication document launch following the revision of the 2008 document;  
Personalisation in the afternoon;  
and more.....

**Principal speaker confirmed will be**

**Professor Sayeed Khan**, Chief Medical Adviser of EEF and board member of the Health and Safety Executive.

**The Open Forum is back** for this session enabling delegates to raise questions on matters of Health and Safety that they are concerned with.

More information—programme,  
booking details, directions, available  
on website during August

*Striving to promote excellence of safety  
and health in care services*

### **Members Benefit again this year**

Individual Members 1 **FREE** place.  
Corporate Members 2 **FREE** places.

**Non Members and Guests**  
Small charge to cover admin, venue  
and refreshments **£55pp**.

**Can you afford to miss this event?**